



THE TAUTOKO RANGATAHI Times

UPCOMING EVENTS:

#BeFitKids Classes - Every Monday, Wednesday and Friday during the school term, 4pm - 5pm

Two2Tango - 30th September and 1st October, North Shore Event Centre

2TOA Aotearoa - 27th & 28th October, Rotorua

Introduction:

Welcome to our first ever Newsletter. Many of you will be unfamiliar with who Tautoko Rangatahi is, and what we do, so let me take a brief minute to introduce you to us.

In term one of 2017, 3B Fitness Club, Hawera, established a youth program called #BeFitKids. The program is aimed at South Taranaki Children aged between 11 and 17 years old.

During Term 1, the youth attending the program gained so much! Their all round physical and mental health & well-being increased dramatically! By the end of the term, the children found their sense of purpose, they found discipline, and both their Mental and Physical fitness had improved drastically!

Sadly, due to financial strain, some families have been unable to commit to the program further, and new children have been unable to start their journey. With this in mind, and the sheer benefits our Youth can gain from this amazing program, Tautoko Rangatahi, a not-for-profit organisation, was formed. We will enable our youth to continue their journeys to greatness, and encourage new participants to begin theirs! Our goal is to assist Youth into the #BeFitKids program, and eliminate the financial strain associated with it.

So what does Tautoko Rangatahi mean? In a nutshell it means "To support our youth".

Tautoko

(verb) to support, prop up, verify, advocate, accept (an invitation), agree.

Rangatahi:

(noun) younger generation, youth.

We pledge to help our Youth into the #BeFitKids program by way of fundraising, gathering Donations & Sponsorship, and seeking funding.

Cohort 3 of the #BeFitKids program is in full swing!

Thanks to some amazing South Taranaki businesses who have jumped on board for our first ever cohort, we can proudly say that we currently have 17 Youth enrolled and attending the #BeFitKids class with 3B Fitness Club, with a maximum potential class size of 18!

The #BeFitKids class runs three nights per week, and a Cohort coincides with a school term. With a 10 week program, we will be seeing some amazing feats from these kids, and it's all thanks to the help and support of the South Taranaki Community!

Fundraising and Sponsorship

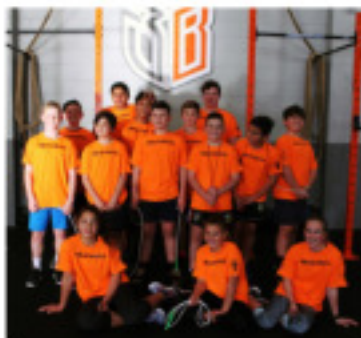
If you too, know a good thing when you see it, and want to get behind Tautoko Rangatahi and the #BeFitKids, please visit our website for more information on how to make a donation to us: www.tautokorangatahi.org.nz.

If you are a business in the South Taranaki area and would like to help with future Cohort Sponsorship, we are currently seeking Sponsors for Cohort 4. Please contact us via admin@tautokorangatahi.org.nz for more information.

Our Website and FaceBook Page will be our information sharing resource for Fundraising events and more, please share the love, get connected and stay current with all our news and events.

3B Fitness Club

3B Fitness Club is located at 152 Princes Street in Hawera (Behind Anderson's Pie Shop). 3B offers both Adults and Children's "Functional Movement" classes, and come highly recommended. The 3B team are very approachable, understanding, and knowledgeable. If you think you could attain personal gains from 3B Fitness Club, or would like to know more, you can contact them via facebook: www.facebook.com/3bfitnessclubhawera.



www.tautokorangatahi.org.nz

www.facebook.com/tautokorangatahi

admin@tautokorangatahi.org.nz

A HUGE THANK YOU TO OUR COHORT 3 SPONSORS





FUNDRAISER

Get your hands on some cool 3B gear, be the envy of EVERYONE, AND support an awesome cause! Sounds like a win, win, win to me!



IMAGES SHOW BOTH SIDES OF MUG



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CUSTOM NAME/WORD

Two ways to order, visit 3B Fitness Club and fill in the order form, OR Private Message the Tautoko Rangatahi Facebook page with your order! Simple as!

Please note, some items have limited supply, we will contact you if we run out of stock.

*Custom name/word bottles, characters limited to 6

www.facebook.com/tautokorangatahi